Sitting together eating school lunches helps to build positive minds and healthy habits

Provided by Catering Service City of Wolverhampton Council

St Paul's **Primary**



2024/25 Lunchtime Term Dates

Week I	Week 2	Week 3
WEEK	Week 2	Week
02.09.24	09.09.24	16.09.24
23.09.24	30.09.24	07.10.24
14.10.24	21.10.24	04.11.24
11.11.24	18.11.24	25.11.24
02.12.24	09.12.24	16.12.24
06.01.25	13.01.25	31.01.25
27.01.25	03.02.25	10.02.25
24.02.25	03.03.25	10.03.25
17.03.25	24.03.25	31.03.25
07.04.25	28.04.25	05.05.25
12.05.25	19.05.25	02.06.25
09.06.25	16.06.25	23.06.25
30.06.25	07.07.25	14.07.25

Making meal times fun and educational

We have a brand new themed calendar that will not only bring fun into the dining rooms, but will introduce vour child to new tastes and flavours. Keep an eye out at your child's school for dates and menus.



Feeding the future of Wolverhampton

We know that school meals play an important role in a child's education. Eating a healthy balanced meal at lunchtime provides the nutrients they need to grow and thrive in the classroom. Encouraging children to sit and eat together will help them develop important social skills and

develop friendships. We know our catering staff encourage students to be respectful and use manners when choosing their meal. We ensure that no child goes hungry and will always get a meal they will eat and enjoy.

The menus are packed with local fresh produce, this will reduce food miles and help the council work towards their environmental targets. We also educate children to do all they can to help improve the planet. We know going meat free once a week makes a huge difference to carbon emissions.

That is why we continue with Meat Free Mondays on our menu cycle.

We know food is super important to fuel sporting activities too, and exercising is an excellent way of boosting your brain, making friends and feeling good about yourself. Everything we want for the young people in our City!



Eat more fresh

food to boost

your brain

Menu Pricing

Meal prices are set by the school.

Universal Infant Free School Meal

Under the Government's Universal Infant Free School Meal (UIFSM) scheme, all children in Reception, Years 1 and 2 can enjoy school meals during term-time for free, regardless of their family's financial circumstances. You do not need to register for UIFSM.

Your child's school may ask if your child will be taking meals so that they can make the necessary arrangements. Your child's school will let you know how much you will need to pay for school meals. Charges and arrangements vary from school to school.

*eligibility criteria applies – for more information visit www.wolverhampton.gov.uk/freeschoolmeals



You may be able to claim benefits-related Free School Meals (FSM) for your child/ren if you meet the Government's eligibility criteria (in receipt of certain benefits or a reduced household income). Please visit www.wolverhampton.gov.uk/ freeschoolmeals or ask at your child's school to see if you can claim. You will need to register for this benefit.*

Food Allergies

Some of our menu items contain allergens, see below. Peanuts and nuts are also classed as allergens, but these are not used on our menu.



Our professional and dedicated catering team are able to provide details of food allergens on request. We cater for medically diagnosed food allergies and intolerances by working with dieticians at New Cross Hospital.

Eat a

Rainbow

For more information on allergies or special diets please visit: www.wolverhampton.gov.uk/catering or please contact Catering Services on 01902 555223 or cateringcleaning@wolverhampton.gov.uk

Food Welfare

Catering Services Primary Menu has been given the Bronze Food for Life Award for the last 7 years.

All the meat products used on our menus are British Red Tractor or Farm Assured Certified

We only use Free Range Eggs from a local supplier.

All our fish on our menu is from sustainable stock.



21.07.25

















* MAKING A DIFFERENCE MENU * 2024-25 *

Look through our new menu, not only will it make a difference to your child's learning and development, but it will also make a difference to the planet.

Meat Free Monday

Cheese, Onion Potato Pie V

Meatball Marinara 💯

Jacket Potato Baked Beans Cheese & Cucumber Bap

Jacket Wedges Spaghetti Mixed Salad Sweetcorn

Chocolate Brownie

Tuesday

Traditional Roast Dinner with Trimmings

Masala Puff W

Jacket Potato Cheese Tuna Mayo & Salad Baguette

> Roast/Boiled Potatoes Carrots Broccoli

Apple and Blackberry Crumble Slice

Wednesday

Margherita Pizza V or Pepperoni Pizza

Tuna Pasta Bake V

Jacket Potato Tuna Chicken Mayo Sandwich

Garlic Bread Coleslaw Mixed Salad

Jelly Whip

Thursday

Build a Burger

Southern Fried Chicken Burger 🗸

Jacket Potato Cheese Egg Salad Sandwich

Potato Wedges **BBO Beans Sweetcorn**

Arctic Roll

Boosi

your brain

Friday

Fish & Chips

Sausage and Bean Melt & Chips **V**

Jacket Potato Beans Cheese & Tomato Sandwich

> Bread & Butter Peas Baked Beans

Fruit Salad & Mousse

Help the planet

Pizza Whirls V

Sausage Pasta **U**

Jacket Potato Beans Cheese & Tomato Roll

Potato Wedges Mixed Salad Sweetcorn

Iced Sponge & Custard

All Day Breakfast Brunch

Sausage Bap V

Jacket Potato Tuna Mayo Ham Sandwich

Hash Brown Bites **Baked Beans Mushrooms**

Oaty Cookie & Milkshake

Homemade Chicken Pie

Quorn Beef Parcels V

Jacket Potato Cheese Chicken Mayo Baguette

Creamed Potatoes Sweetcorn Broccoli

Chocolate & Lime Cake

Traditional Roast Dinner with Trimmings

Ouorn Meatball Sub V

Jacket Potato Baked Beans Egg & Cress Bap

Boiled Potatoes Cauliflower Green Beans

Fruit Pizza

Fish Fingers & Chips*

Quorn Nuggets & Chips 1

Jacket Potato Cheese Cheese & Tomato Sandwich

> **Bread & Butter** Peas Baked Beans

Ice Cream Tub

3 Week

Margarita Pizza V

Macaroni Cheese & Garlic Slice 🛡

Jacket Potato Beans Quorn Sausage Bap

Potato Wedges Coleslaw Mixed Salad

Lemon Drizzle Traybake

Sub Day with various fillings

Ouorn Beef Burrito 💯

Jacket Potato Cheese Cheese & Tomato Baguette

Basmati Rice Pasta Salad Mixed Salad

Chocolate Cookie

Homemade Lasagne

Homemade Sausage Roll V

Jacket Potato Tuna Mayo Chicken Mayo Sandwich

Diced Potatoes Mixed Salad Baked Beans

Rainbow Jelly

Traditional Roast Dinner with Trimmings

Ouorn Roast Dinner with Trimmings **V**

Jacket Potato Cheese Ham Salad Sandwich

> Roast Potatoes Carrots Broccoli

Fish & Chips

Quorn Hotdog V

Jacket Potato Cowboy Beans Egg Salad Sandwich

> Bread & Butter Peas Baked Beans

Fruity Mousse



Jam Sponge & Custard





