



Building each other up –  
with God as our firm foundation

## St. Paul's Church of England (A) Primary School

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6<sup>th</sup> April 2024

Dear Parents / Carers,

I am pleased to inform you that we are participating in the **NSPCC's Speak out, Stay safe Programme**. *Speak out, Stay safe*. is a safeguarding programme available for all primary schools in the UK. It aims to help children understand abuse in all its forms and to recognise the signs of abuse. Children are taught to speak out if they are worried, either to a trusted adult or Childline.



This child friendly programme is aligned with the curriculum and consists of age appropriate online assembly and supporting classroom based activities, which we have reviewed. In addition, we have invited NSPCC volunteers to lead face to face workshops for children in Y2, Y5 and Y6 on Monday 15th April 2024. The content is delivered in an engaging and interactive way with the help of the NSPCC mascot Buddy. If you would like to know more about the *Speak out. Stay safe*. programme visit [www.nspcc.org.uk/speakout](http://www.nspcc.org.uk/speakout).

### Additional NSPCC resources for families to help keep children safe

The NSPCC have shared some important information below on wider NSPCC resources and support to help keep children safe.

#### Parent/Carer support

Take a look at information, support, advice and activities from NSPCC for parent and carers.

[www.nspcc.org.uk/parents](http://www.nspcc.org.uk/parents)

#### Activities to extend learning at home

Take part in games and activities at home to help children learn about speaking out and staying safe.

[www.nspcc.org.uk/activities](http://www.nspcc.org.uk/activities)

### Online Safety Hub

For information on a range of different online safety topics including gaming, social media, sharing images, parental controls and more.

[www.nspcc.org.uk/onlinesafety](http://www.nspcc.org.uk/onlinesafety)

### Childline – under 12's

Childline have an accessible website with advice, support, games and activities. Children can change the language, enlarge text and also listen to the content.

[www.childline.org.uk/buddy](http://www.childline.org.uk/buddy) (5-7)

[www.childline.org.uk/kids](http://www.childline.org.uk/kids) (7-11)

### Talk PANTS with your children

Talk PANTS is a simple conversation to help keep children safe from sexual abuse. From P through to S, each letter of PANTS provides simple but important messages.

Download the free resources at [www.nspcc.org.uk/pants](http://www.nspcc.org.uk/pants).

I hope you find this information about the NSPCC and the *Speak out. Stay safe.* programme helpful. Please do contact me if you have any further questions.

Yours sincerely,

Ms Lalli  
PSHE Lead Coordinator